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# Innate Intelligence/ Your Inner Healer



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# Innate Intelligence/ Your Inner Healer



*With it, all is cosmos, without it all is chaos.*

—B.J. Palmer, DC Developer of Chiropractic

## ***You Are Improbable***

Scientists like to take things apart and figure out how they work using physics, mathematics, chemistry and other disciplines. This approach is known as Mechanism or Reductionism and it's great for studying machines.

You may be able to learn how a machine works by studying its parts but you can't do that with living beings because when you take them apart, they die. Studying a body in this manner has limitations because it cannot tell us about the living being and may give us incorrect information about the whole.

## ***You Violate The Law***

Living things violate the law. The law of physics, that is. That law says complex matter must continuously break down into simpler components: mountains into stones, stones to gravel, gravel to dust. Yet we living beings do the opposite: we take simple matter (air, water, food) and make it into more complex matter (eye, muscle, brain).

*What is it  
inside us  
that keeps us  
alive, growing  
and healing?  
What is the  
organizer  
that creates  
complexity?*

In fact, according to Mechanism life should not exist! There are not enough random occurrences since the beginning of time to have created a single molecule, much less a living organism. As Albert Szent-Gyorgyi, PhD, Nobel Prize laureate and discoverer of vitamin C says in his essay "What is life?":

*You and I are improbable. The probability of atoms happening to come together in the complex structure that makes up my body is so tiny that it is practically equal to zero.... I have always been seeking some higher organizing principle that is leading the living system towards improvement and adaptation.*<sup>1</sup>

### **Your Organizer**

What is inside you that keeps you alive, growing and healing until you die? What creates complexity from the simple and sustains you so you resist the tendency to decay? Without it you would be no more than a pile of chemicals worth a few dollars, but with it you are alive! This is your "higher organizing principle," also called the wisdom of the body, the wisdom of nature, your inner healer or just "life." Chiropractors call it Intelligence (Innate Intelligence) and it guides you toward healing, growth, adaptation and fulfillment.

*...a kind of superintelligence exists in each of us, infinitely smarter and possessed of technical know-how far beyond our present understanding.*<sup>2</sup> —Lewis Thomas, MD

*We have catalogued every single molecule of the body, but we don't know how they become organized. We have taught ourselves about every last part of the machine, but we don't know why it runs. We have been so busy with the tiny pieces that we have lost sight of the big picture.*<sup>3</sup> —Manjir Samanta-Laughton, MD

### **Where Thoughts Become Actions**

You think of moving your arm and then you move it. But how? Where did the thought turn into the activity? Did your thought knock an electron from its orbit in a nerve cell in your brain, which generated a nerve impulse that traveled down your arm and caused your muscles to contract? If so, then how did your thought first move the electron?

All of your life, you are thinking and acting but where do your thoughts become actions? Your cells and tissues are constantly organized into activity, yet how does your "organizer" touch your physical body? Science has yet to discover that powerful place deep within where Intelligence percolates up to your physical reality to organize, heal and nurture.

According to Deepak Chopra, MD: *Intelligence turns chaos into patterns...the matter in our bodies never disintegrates into a*

*shapeless, mindless pile—until the moment of death.*<sup>4</sup>



### **Your Nervous System**

One system of your body appears to act as a link between consciousness and matter, between mind and body—your nervous system. Your nervous system touches your every nook and cranny; there is no part of your body and mind not under its influence. Your Intelligence uses this vast communications system to organize and coordinate your billions of parts to create a living whole. Adaptation, balance, harmony and health can emerge only when your nervous system is able to transmit the energy and information of your Intelligence. A complete loss of Intelligence would result in immediate death; a partial break causes "dis-ease," a gradual deterioration. When you are dis-eased you have less life, less energy, lowered resistance and cannot adapt so easily to life's stresses. You become fertile soil for disease.

### **The Subluxation**

*The healer's job has always been to...remove obstructions...between the sick patient and the force of life driving obscurely towards wholeness...*<sup>5</sup>

—Robert Becker, MD

There is a physical condition that interferes with the transmission of energy and information through your



**Keep your body unsubluxated so your innate wisdom may be unimpeded.**

body causing you to become dis-eased. It is a tiny, often painless distortion of your structure called a subluxation. Because subluxations are usually painless most people have no idea that they are carrying them and are dis-eased. Chiropractors are experts in scientifically analyzing your body for health-destroying subluxations and ridding you of them using the art of the chiropractic adjustment. Free of subluxations, your energy flows more freely and you are more "in touch" with your Innate Intelligence so you may better experience physical and emotional health and happiness.

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