

KST Priorities

Ascertaining Information from the Body/Mind

Is there a priority?

Standing? Sitting? Prone? Supine? POS? Respiration? Eyes Open/Closed?

Above the waist?

Cranials

- Sphenoid, occiput, temporal, parietal, zygomatic arch, frontal, mastoid

Facials

- Nasal, maxilla, zygoma, facial suture junctions, orbit points, eye

Other

- Palate, hyoid, TMJ, sutures, humps, ridges, larynx

Cervicals

- Vertebra, cervical pattern, discs (posterior, medial, anterior)

Thoracics

- Vertebra (always check ribs), discs, hump pattern, supraclavicular fossa (check tp/rib junction)
- Posterior ribs (between scapula and spine) for superiority

Below the waist?

Lumbers

- Vertebra, discs (posterior, medial, anterior)

Sacrum

- Sacral pattern, sacral discs, sacral segments

Femurs

- Exhaustion pattern, anterior, lateral, superior, medial, rotation

Pubic bones (and ilea)

- Also check disc

Coccyx

- If anterior check for panic pattern

Anterior?

Sternum

- If superior check for panic pattern, manubrium, body, zyphoid, costo-sternal junction

Clavicle

- Also check humerus, scapula, anterior ribs

Posterior?

- Usually refers to knee pattern

Extremities?

- Locate extremity
- Challenge parts
- Points on bottom of foot, palm of hand and ears may elicit an OD



SEDVEDD?

Scars/Adhesions

- Especially important if there was surgery
- Could also be caused by tattoos, moles, piercings, hair transplants

Endocrine Glands

- Pituitary, thyroid, thymus, adrenals, pineal

Dehydration

- Ask on a scale of 1-10

Valves

- Pyloric, gastric, other

Emotional

- Ask, "Emotional issue interfering with health?"
- Family members, relationships, work
- Can locate age of occurrence, etc.
- You may use various protocols (i.e. NET, Body Talk)

Dropped Organs/Visceroptosis

- Bladder, prostate/uterus, ovaries, R/L kidney, liver, gall bladder, spleen, pancreas, navel, stomach, R/L lung, small intestine, large intestine, heart

Dental

- Locate tooth or jaw for problems which include infection, root canal, mercury ("silver" amalgam), malocclusion (bad bite), cavitation, wisdom teeth

Other?

Orthotics

- Check patient with and without orthotics asking if there is good structural balance

Titanium glasses

- Check patient with and without glasses asking if there is good cranial rhythm

Jewelry

Ocular lock

- Use with learning disabilities, dyslexia, vision problems

Allergy, Electromagnetic Sensitivity

Toxicity

- Heavy metals? Undigested food? Vaccine injury?

No priority

- "Processing?" If yes, "Speed it up?"
- If "yes" continue, if "no" wait
- Still no priority, session is over

Put patient in POS

- Ask if there are any postures or issues needing to be addressed
- Check for priorities

Last questions

- Is there anything interfering with this person's health?
- If "yes" locate it
- Something at home (locate rooms, object or product), work, car, etc.
- Something they are eating, drinking, breathing (i.e. aspartame, sugar, soy, canola, paint fumes, fish tank), another person, memory, bad habit, toxins, etc.
- Other techniques? Other healthcare systems?

NOTE

People are like onions, they have many layers.

Alternate approaches

- Can begin session by asking if the patient wants to get better
- Can begin the session by asking if the priority is structural, emotional, dehydration, scars, allergies, electromagnetic, visceral, nutritional, etc.

