

# Why Should I Go To A Chiropractor?

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*Chiropractic  
brings out  
the best in me!*

*The greatest discovery of any generation is that human beings can alter their lives by altering their attitudes of mind.*

— Albert Schweitzer

### • **Join The Movement**

Did you know that chiropractic has become the largest non-medical healing art in the world? It's true. The natural, drug-free chiropractic healthcare system attracts just about everyone—from movie stars and professional athletes to office workers and homemakers, infants and children, the elderly, scientists, laborers, business people, doctors of all kinds and anyone taking care of their health. Millions upon millions seek the unique services that only a doctor of chiropractic can provide.

However, as you read these words, there are millions more sick and suffering people, many living on drugs, perhaps facing surgery, who don't know that help may be (literally) around the corner.

### • **Who Should Go To A Chiropractor?**

The short answer is "everybody with a body." But people have unique problems that affect how they view our care. For example, if you asked a person who was relieved of migraines she'd say, "Anyone with migraines should see a doctor of chiropractic."

A child who no longer wets his bed may say, "Chiropractic is for bed-wetting." "Anyone with menstrual problems should go," says a woman who suffered from menstrual cramps. Someone saved from back or disc surgery would say chiropractic is for people with spine, back or neck problems.

But those are limited views because there are case histories of people recovering from nearly every known disease and condition under chiropractic care: heart trouble, hyperactivity, ear infections, fatigue, allergies, digestive problems, colds, flu and hundreds of other conditions.



Chiropractors perform a unique service—the location and correction of subluxations.



• **Why?**

The goal of the doctor of chiropractic is to awaken your own natural healing ability by correcting subluxations—tiny distortions in your body that can affect your energy and health.

By correcting subluxations we promote natural healing, vitality, strength and health.

That is why you may see people with many kinds of health problems in the waiting room of a doctor of chiropractic.

• **What Exactly Is A Subluxation?**

A subluxation is a distortion or misalignment in your body that irritates your nervous system resulting in overall weakness, disharmony or malfunction. Subluxations affect the health of your nerves, ligaments, discs and joints; weaken your muscles and alter the energy that flows from your brain and nerves to all parts of your body. Your internal organs may get less blood; even your brain may get less oxygen and nourishment!

• **What Does Your Chiropractor Do?**

Doctors of chiropractic are specially trained to analyze you for subluxations. They remove your subluxations using chiropractic adjustment techniques freeing you from these damaging structural distortions.

• **The Chiropractic Message**

Chiropractic's message is simple: you have within you an inborn or innate natural healing ability



More families today are exploring chiropractic's natural drug-free approach.

that needs to be reawakened and unleashed. Your body is your best healer! But subluxations create a serious stress that interferes with your natural inner healer's proper function. You'll feel better, heal better and function better if you have no subluxations inside you.

Periodic chiropractic examinations and adjustments help keep you free from subluxations and promote your internal healing ability.

• **Common Questions About Chiropractic**

*Why should I go to a chiropractor?*

If you're sick you should go to strengthen your natural healing ability. If you're feeling fine you should remember that painless subluxations can undermine your health. You and your family should get yourselves checked periodically to make sure you're living free from hidden subluxations so you're functioning at your fullest.

*Should I go to a chiropractor if I'm suffering from a disease?*

Absolutely! Chiropractic care will help turn on your body's natural healer and improve your self-healing ability. You'll be better able to fight whatever disease or condition you may have.

*Can I see a chiropractor if I'm under medical care?*

Yes. You always need to be subluxation free no matter what other type of care you're receiving. You can have your body checked for subluxations by a doctor of chiropractic and still visit a doctor of homeopathy, naturopathy, osteopathy or medicine. MDs and other healers cannot tell if you're suffering from subluxations and they are not trained in correcting them.

*Can my dog or cat receive chiropractic care?*

All creatures can have a subluxation and can receive chiropractic care. Many chiropractors

work on dogs, cats, birds, rabbits, horses and other farm animals.

A number of chiropractors specialize in the care of racehorses. There are many cases of animals who were so ill they were going to be "put to sleep" dramatically recovering after a chiropractic adjustment. Some chiropractors work with zoos and have given tigers, snakes, lizards and other more exotic animals adjustments—often with miraculous results.

• **A Unique Service**

Chiropractors perform a unique service—the location and correction of subluxations, an often painless condition that can undermine your physical and mental health. Because anyone may get a subluxation at any time, everyone should visit their doctor of chiropractic for a periodic checkup. You get your eyes, teeth and blood pressure checked—why not your structural system?

There are millions of people living on drugs, perhaps facing surgery, who don't know that help may be (literally) around the corner.

