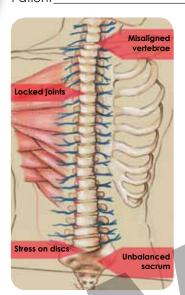
chiropractic

Bringing Out The Best In You!

What Is A Subluxation?



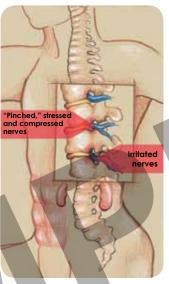


1 Joint damage

(Kinesiopathology)

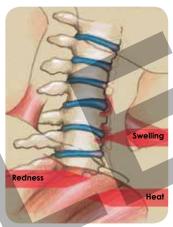
- Vertebrae out of proper alignment
- Increased stress on joints, discs and ligaments
- "Locked" (jammed) or "clicking" joints
- O Pain
- Reduced range of motion
- Shoulders, hips, knees and feet compensate for postural imbalance
- O Loss of energy, fatigue

The Five Components of the Subluxation



Nerve damage (Neuropathology)

- Nerves compressed, stretched or "pinched"
- Abnormal nerve function
- Altered internal organ function
- O Pain
- Attention deficit disorders, addictive behavior, psychosis and other conditions



Tissue damage (Histopathology)

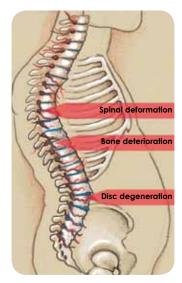
- Abnormal pressure on joints and nearby "soft" tissues
- Swelling
- Soft tissue damage
- Tender and painful areas, especially to touch
- Unnatural wear and tear causes arthritic changes to the joints and nearby tissues



▲ Muscle damage

ᆂ (Myopathology)

- Muscles chronically tense; muscle spasms
- Weakened muscles, cartilage, ligaments and tendons
- O Pain
- Postural distortion



Health degeneration

(Pathophysiology)

- Dis-ease (overall body malfunction)
- Accelerated aging
- Chronic fatigue
- Lessened ability to respond to physical and emotional stress
- O Lowered resistance to disease
- Joint degeneration, bone deformation, disc destruction
- O Loss of height
- Inability to 'hold' adjustments for long periods