

A photograph of a man and a woman in a yellow canoe on a calm lake at sunrise. The water is still, reflecting the soft light of the dawn. In the background, there are misty hills and trees. A large, faint, diagonal watermark reading 'SAMPLE' is overlaid across the center of the image.

Age is not a
DESTINATION,
it's a *journey.*

Happy Birthday from your chiropractor!

May your journey be healthy,
long and filled with blessings.